**Vaccinations and Food Allergies**

Egg allergic individuals can be safely vaccinated with the measles mumps rubella (MMR) and the measles mumps rubella varicella (MMRV) vaccine (which contains no egg protein) and the influenza vaccines such as Trivalent and Quadrivalent vaccines (which may contain minute traces of egg protein).

The Yellow fever and Q fever vaccines may contain higher amounts of egg protein and allergy specialist evaluation is recommended before vaccination.

Most routine childhood vaccines and travel vaccinations do not contain food allergens and are recommended to be given as deemed necessary:

* Hepatitis B
* DPT (Diptheria, Pertussis, Tetanus) 5in1 / 6in1
* MMR (measles, mumps, rubella)
* MMRV (measles, mumps, rubella varicella)
* IPV (Inactivated polio vaccine)
* HiB (Haemophilus influenza type B)
* Pneumococcus
* Meningococcal C & ACWY
* Chickenpox (Varicella)
* Rotaviral vaccine
* Hepatitis A
* Typhoid
* Rabies
* Japanese B Encephalitis
* Human Papilloma vaccine