

# FOOD ALLERGY DIAGNOSIS, MANAGEMENT & NUTRITION

8 DECEMBER 2018

1:00PM - 5:00PM

KK WOMEN'S AND CHILDREN'S HOSPITAL  
AUDITORIUM (TRAINING CENTRE)  
LEVEL 1, WOMEN'S TOWER

## REGISTRATION

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**SNDA Members**

**FREE**

Please register through SNDA member's  
portal at [www.snda.org.sg](http://www.snda.org.sg) (2 CE Credits)

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**KKH Staff**

**FREE**

**ACIS Members**

**FREE**

Please email [secretary@snda.org.sg](mailto:secretary@snda.org.sg)

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**Non-SNDA Members**

**\$30 paid at door**

Please email [secretary@snda.org.sg](mailto:secretary@snda.org.sg)

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**Registration Closes 30 November 2018**



# PROGRAMME

- 1:00pm Registration & Lunch
- 1:25pm Welcome & Introduction: Dr Chong Yong Yeow, Consultant, Raffles Internal Medicine Centre, Specialist in Rheumatology, Raffles Specialist Centre
- 1:30pm Introduction to Food Allergy: Mechanisms & Diagnosis  
Dr Loh Wenyin, Consultant, Allergy Service, Department of Paediatrics, KK Women's and Children's Hospital
- 2:00pm Growth in Children with Food Allergy in Singapore  
Dr Chong Kok Wee, Consultant, Allergy Service, Department of Paediatrics, KK Women's and Children's Hospital
- 2:30pm Cow's Milk Protein Allergy: Which Formulas are Available in Singapore?  
Ms Ong Jia Xin, Dietitian, Nutrition and Dietetics Department, KK Women's and Children's Hospital
- 2:55pm Q&A
- 3:00pm Tea Break
- 3:25pm Introduction to Late Afternoon Session: Dr Han Wee Meng, Head and Senior Principal Dietitian, Nutrition & Dietetics Department, KK Women's and Children's Hospital
- 3:30pm Managing Severe Food Allergic Reactions and EPIPEN Training  
Ms Lim Hwee Hoon, Allergy Specialty Nurse, KK Women's and Children's Hospital
- 3:45pm Controversies and Challenges in Eosinophilic Gastrointestinal Disorders  
Dr Chiou Fang Kuan, Head and Consultant, Gastroenterology Service, Department of Paediatrics, KK Women's and Children's Hospital
- 4:15pm The Role of the Dietitian in the Management of Food Allergy  
Ms Karen Wright, Senior Dietitian, Nutrition and Dietetics Department, KK Women's and Children's Hospital
- 4:45pm Q&A



# ABOUT THE SPEAKERS

## **DR LOH WENYIN, CONSULTANT, ALLERGY SERVICE, DEPARTMENT OF PAEDIATRICS, KK WOMEN'S AND CHILDREN'S HOSPITAL**

Dr Loh Wenyin is a consultant with the Allergy Service at KK Women's and Children's Hospital and has a special interest in childhood allergic diseases including food allergy, eczema, immunotherapy and drug allergy. She supervises oral food challenges, drug provocation tests, and is involved in the development of hospital protocols for the evaluation and management of various allergic diseases. She recently completed a research fellowship at Murdoch Children's Research Institute, focusing on oral immunotherapy in children with peanut allergy. She has also completed a postgraduate certificate in allergy with Imperial College London.

## **DR CHONG KOK WEE, CONSULTANT, ALLERGY SERVICE, DEPARTMENT OF PAEDIATRICS, KK WOMEN'S AND CHILDREN'S HOSPITAL**

Dr Chong Kok Wee is a Consultant with the Allergy Service, KK Women's and Children's Hospital. He manages children with various atopic conditions, including food and drug allergies, allergic rhinitis, atopic dermatitis and asthma. His research interests are varied, with a focus on food allergies in children.

## **MS ONG JIA XIN, DIETITIAN, NUTRITION AND DIETETICS DEPARTMENT, KK WOMEN'S AND CHILDREN'S HOSPITAL**

Jia Xin specialises in paediatric nutrition, particularly in the area of food allergy and neonatology. She manages children with food allergies, faltering growth, weight management, enteral nutrition and feeding disorders. In recent months, Jia Xin has had a wider exposure in managing patients with atopic dermatitis and eosinophilic gut disorders, and has developed a keen interest in improving nutritional care among these patients through a multi-disciplinary team approach.

## **MS LIM HWEE HOON, ALLERGY SPECIALTY NURSE, KK WOMEN'S AND CHILDREN'S HOSPITAL**

Hwee Hoon became an allergy resource nurse in 2008 and holds a Certificate in Allergy Nursing from the University of South Australia. Hwee Hoon performs drug and food challenges with the allergy team at KK Women's and Children's Hospital and counsels patients and their caregivers on the management of allergic disease. Hwee Hoon is a member of the Allergy and Asthma Association and of the Allergy and Clinical Immunology Society (Singapore).

## **DR CHIOU FANG KUAN, HEAD AND CONSULTANT, GASTROENTEROLOGY SERVICE, DEPARTMENT OF PAEDIATRICS, KK WOMEN'S AND CHILDREN'S HOSPITAL**

Dr Chiou Fang Kuan is Head and Consultant, with the Gastroenterology Service, KK Women's and Children's Hospital, with subspecialty interest in paediatric hepatology. He has also developed a clinical research interest in allergic gastrointestinal disorders and has helped set up the multi-disciplinary eosinophilic oesophagitis (EoE) programme at KKH.

## **MS KAREN WRIGHT, SENIOR DIETITIAN, NUTRITION AND DIETETICS DEPARTMENT, KK WOMEN'S AND CHILDREN'S HOSPITAL**

Karen has a special interest in food allergy and has been working in this area of dietetics for many years. Karen has been working with the allergy team at KK Women's and Children's Hospital, supporting children and their families in managing their condition from a nutritional perspective, performing oral food challenges and forms part of the multi-disciplinary allergy team managing children with food allergy and eczema and eosinophilic oesophagitis.